

## Speech-Language Activity

Linda Burmeister, M.Ed., M.S. CCC-SLP

Sharon Draper, M.Ed. SLP Assistant

### **Dirt Cups - Recipe**

#### Ingredients:

1 pkg. Oreo Cookies

2 cups of cold milk

1 pkg. Chocolate instant pudding mix

Gummy worms

1. Pour milk into large bowl. Add pudding mix.
2. Beat mixture with a wire whisk for 2 minutes.
3. Crush cookies in a zipper-style plastic bag with a rolling pin or a hammer.
4. Spoon crushed cookies into each cup and top with pudding.
5. Top with a gummy worm and enjoy eating dirt with worms.

# Dirt Cups - Photos

